

# **COMMUNION**

**THE LORD'S SUPPER**

## TEACHING NOTES

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### **Why is Communion significant?**

- On the last night, Jesus took bread and wine and instituted a new ordinance for the church.
  - “And as they were eating, Jesus took bread, blessed and broke it, and gave it to the disciples and said, ‘Take, eat; this is My body.’ Then He took the cup, and gave thanks, and gave it to them, saying, ‘Drink from it, all of you. For this is My blood of the new covenant, which is shed for many for the remission of sins.’” Matthew 26:26-28 (NKJV)
- This was just before Jesus endured the cross where His body truly broken and His blood was truly shed for our sins.
- For over 2000 years, the church has taken Communion together to remember what Jesus has done for us on the cross

### **What are the elements of Communion?**

- The Bread:
  - When we take it, we are reminded of the price paid for our sins and the healing of our body, soul, and spirit.
  - “But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.” Isaiah 53:5 (NKJV)
- The Cup (juice/wine):
  - Remembrance of Jesus’ sacrifice on the cross and the New Covenant.

### **Why does the church offer Communion?**

- A unifying sacrament where we remember our salvation was bought by Jesus alone.
- It is the centerpiece of our Christian faith.

## MAKE IT YOUR OWN

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**What is Communion: An important tradition in the Christian Faith. It is an act of worship and remembrance instated by Jesus.**

**What is the first element in Communion, and why is it significant to me?**

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Read Luke 22:19-20, Isaiah 53:5

**What is the second element in Communion, and what is the importance?**

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Read Matthew 26:26-28

**When did Jesus perform the first communion? And, why is that timing noteworthy?**

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Read 1 Corinthians 11:23-25

When taking Communion, prayerfully ask the Holy Spirit to share with you how significant and important it truly is. Take it prayerfully, honoring, and as an act of worship. Let the significance of Jesus' death, burial and resurrection renew your faith day by day.

### **Prayer:**

Lord, I thank You for taking my place and enduring the cross on my behalf. Help me to recognize that Your suffering purchased my freedom, healing, salvation, and restoration back to God. Jesus, I thank You for the New Covenant and the new life I have in You. In Jesus' name, Amen.